This study was reviewed by an Institutional Review Board (IRB).



## The BEST Trial

Biomarkers for Evaluating Spine Treatments

Join the BEST Trial and help us learn how to better personalize treatment plans for low back pain.



www.besttrial.org

## You may be eligible to participate in the BEST Trial if you:

- Have had low back pain for at least 3 months
- Are 18 years old or older
- Are willing to try one or two treatments for chronic low back pain

Study participation lasts about 9 months and involves at least 4 in-person clinic visits and other study procedures completed from home. More in-person visits may be required for some study treatments. Participants will be compensated for time spent on study activities.



To learn more about the BEST Trial, visit <u>www.besttrial.org</u> or contact:

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Phone: 206-616-4671 | Email: besttrial@uw.edu





This research was supported by the National Institutes of Health through the NIH Helping to End Addiction Long-term<sup>SM</sup> Initiative, or NIH HEAL Initiative<sup>SM</sup>, under award number 1U24AR076730.